



SPA MENU

NIKOI ISLAND

ETIQUETTE AND DISCLAIMER

Please take a moment to read this :

RESERVATION

To avoid disappointment we recommend you book a treatment in advance. We have two double spa treatment tents. We are happy to offer spa treatments in your villa in case the spa tent is fully booked.

CHECK-IN

Please arrive early 5 minutes before treatment.

PREGNANCY

If you are pregnant, you may wish to avoid booking a treatment that involves the use of essential oils. Massages or stimulating treatments are not recommended during the first trimester of pregnancy.

YOUR HEALTH

If you have high blood pressure, a heart condition, an allergy or any other medical complication, we suggest that you inform your therapist.

OPENING HOURS

Every Day : 9:00am – 6:00pm
Last booking : 5:00pm
Email : relax@nikoi.com
Book online : [here](#)



BODY MASSAGE

BODY MASSAGE

	<u>Duration</u>	<u>Price</u>
ISLAND MASSAGE - <i>Restful Indulgence</i>		
A signature massage specially created for Nikoi to help our guests transition to island life. This massage focuses on gentle long strokes and pressure points, providing relaxation and renewed energy.	50mins	\$60 ++
	60mins	\$75 ++
	75mins	\$80 ++
	90mins	\$95 ++
	100mins	\$100++
JAVANESE MASSAGE - <i>Renewed Vitality</i>		
Adapted from ancient Balinese massage techniques with strong pressure focusing on the back, shoulders and head for deep muscle relief.	50mins	\$60 ++
	60mins	\$75 ++
	75mins	\$80 ++
	90mins	\$95 ++
	100mins	\$100++
RHYTHMIC MASSAGE - <i>A must try for Mummy's-to-be</i>		
For mothers to be or those who prefer to lie down on their side, this nurturing massage is a good choice. Our therapist will use gentle palm strokes for a calming and relaxing treatment.	50mins	\$60 ++
	60mins	\$75 ++
	75mins	\$80 ++
	90mins	\$95 ++
	100mins	\$100++



KIDS MASSAGE
KIDS MANI'S & PEDI'S

KIDS ISLAND MASSAGE	<u>Duration</u>	<u>Price</u>
Share the beautiful benefits of the spa experience with your kids through a specially designed massage just for them.	30mins	\$30++
A lovely way to share holiday time and introduce your children to the experience of professional massage. This unique massage is tailor made with their health in mind.	50mins	\$50++

KIDS MANI'S & PEDI'S

	<u>Duration</u>	<u>Price</u>
KIDS MANICURE	30mins	\$30++
KIDS PEDICURE	30mins	\$30++



MESSAGE ON THE RUN

MESSAGE ON THE RUN

	<u>Duration</u>	<u>Price</u>
BACK RELIEVER - <i>Iron Out Tense Muscles</i>		
Iron out any tension in the back, neck, shoulders, with this medium to strong massage.	30mins	\$40++
	50mins	\$60++
FOOT LOOSE - <i>From Soul to Sole</i>		
Step out with happier feet after an energising foot massage.	30mins	\$40++
	50mins	\$60++
INDIAN HEAD MASSAGE - <i>Clear Headed</i>		
Clear your mind with this massage to relax and remove fatigue caused by mental stress. Choose a botanical infusion for the scalp and hair to either balance or stimulate.	30mins	\$40++



EXOTIC BOTANICAL FACIALS

	<u>Duration</u>	<u>Price</u>
EXPRESS NIKOI Only clean, scrub, massage, moisturiser.	30mins	\$40++
EXCLUSIVELY NIKOI - 100% Natural Skincare (All Skin Types) Products will be chosen to best suit your skin type. Sensatia botanical products are made from 100% natural botanical plant extracts and oils that are extremely safe for the skin but still provide the results. Enjoy hypo-allergenic cleansers, clarifying neroli blossom toners, yummy coconut & vanilla scrubs, wild honey creams and masks to name a few. Depart, with hydrated, refreshed, dewy and well-rested skin.	60mins	\$65++
CLEOPATRA'S ROSE FACIAL This blissfully euphoric facial treatment uses rich infusions of rose to cleanse and hydrate, deeply nourishing the skin. Luxuriate with blends of geranium leaf, lemon peel & rose damask to cleanse, balance Ph+ with rose & refreshing extracts of strawberry, hibiscus, grape & ginseng to tone, massage and hydrate with amber & rose dream cream. A treatment Cleopatra herself would insist on.	90mins	\$85++



NIKOI FOR HER

A contemporary selection of spa packages featuring holistic signature therapies, especially tailored for women.

	<u>Duration</u>	<u>Price</u>
BODY BLISS - <i>Rejuvenation</i>		
Give your body a well deserved tune up all over with this ultimate treat that combines all of Nikoi Spa's signature therapies. Choose your full body scrub and your massage style before surrendering to a 100% all natural Sensatia botanical facial.	150 mins	\$140++
BODY GLOW - <i>Nourishing Touch</i>		
Step out of the spa with a healthy, glowing, well-moisturised skin. Start by choosing a full body scrub and enjoy the massage that best suits you today.	90 mins	\$100++
INNER JOY, OUTER GODDESS		
A luxurious half day spa journey		
Give yourself permission to surrender to the luxury of time just for you, to be pampered. Begin with a body conditioning treatment; a full body scrub of your choice and a hydrating full body wrap to follow. Then choose ONE of the following :	180mins	\$170++
A. A massage of your choice: Island / Javanese / Rhythmic		
B. A Sensatia botanical facial: cleansing, toning, exfoliation, mask, massage & hydration.		
C. A back, neck, shoulder massage with a botanical scalp infusion and Indian head massage.		
Depart a goddess having enjoyed either a manicure OR a pedicure to end the perfect spa journey.		
• A light refreshment is served with this spa package.		



NIKOI FOR HIM

A contemporary selection of spa packages featuring holistic signature therapies, specially tailored for the man.

Duration Price

EXPRESSION - *Wake Up Call*

Spa Tent
An awakening a full body massage of your choice and an express cleansing facial.

120mins \$110++

REST - *Perfectly Strong*

Spa Tent
Massage all the way...A massage tailored to suit your preferences. Inform your therapist what kind of massage pressure or style you like and what areas of the body you need work on the most i.e. scalp, neck, shoulders, lower back, feet, stretching and joint mobilization.

120mins \$110++

POWERFUL TREATMENT - *Untie the Knots*

Spa Tent
Massage all the way...A massage tailored to suit your preferences. Inform your therapist what kind of massage pressure or style you like and what areas of the body you need work on the most i.e. Back reliever an indian head massage.

60mins \$75++



FULL-BODY SCRUB

Add a full-body scrub as a prequel to another spa treatment. Perfect before your massage, enjoy a sumptuous selection of 100% natural Sensatia scrubs or look for our fresh concoctions.

FULL-BODY SCRUB

COFFEE SCRUB

Spa Tent
A home made coffee, This scrub has a natural coconut oil and milk that helps you to make the skin hydrated and soft and combat cellulite.

<u>Duration</u>	<u>Price</u>
45mins	\$45++

CITRUS SEA SALT SCRUB - *Deeply Detoxifying*

Spa Tent | For dry skin
Pure organic Indonesian sea salt, lavender, Spanish rosemary, white grapefruit, French clay and African shea butter... The “United Nations” of scrubs will deeply cleanse, exfoliate and assist with cellulite.

45mins	\$45++
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FULL-BODY WRAP

A must for dry dehydrated skin or those seeking relief from too much sun.

BESPOKE BODY CONDITIONER - *Personalised for you*

Spa Tent
This treatment needs to be booked with a minimum of one hours notice, so that one of the spa team can assist you with the right choice of body scrub and mask that will then be made fresh especially for you. Choose from the following :

- Fresh tomato, orange & rice meal scrub for sensitive skin to cleanse and refresh
- Papaya, coconut & mint body mask for very dry skin for deep hydration
- Aloe vera, cucumber for sunburnt skin to soot the and heal.

Duration Price

60mins \$45++



MANI'S & PEDI'S

Give your hands and feet the treatment they deserve on a barefoot tropical island.

MANI'S & PEDI'S

NIKOI MANICURE- *An Elegant Hand*

Spa Tent
A healthy twist to a regular manicure this treatment uses natural plant extracts and oils to exfoliate, infuse and hydrate. Requisite cleaning, filing, massage, and polish.

Nikoi Manicure (no Polish)

NIKOI PEDICURE- *Fabulous Feet*

Spa Tent
Remove hard dry skin from those beach walks and deeply massage and hydrate with nourishing extracts of gotu kola, jicama, legundi, cold pressed oils of kukui nut, extra virgin coconut and avocado oils with floral notes of violet and geranium.

Nikoi Pedicure (no Polish)

LUXURIOUS MANICURE - *Nurture and Pamper*

Spa Tent
A transformational treatment of luxurious proportions this manicure not only cleanses and protects from the wilds of your environment be it office, ocean or other, expect to deeply relax and inhale heavenly botanical scents enjoying massage and the deep hydration from a warming paraffin application. Bring your favourite polish with you or choose from the OPI spa range.

LUXURIOUS PEDICURE - *Foot Fatigue*

Spa Tent
This deluxe pedicure helps to stimulate circulation as well as revitalise and remineralise. For those who spend a lot of time on their feet or simply need the pampering, this treatment will also assist in reducing fluid retention to the foot and lower leg, great after travelling a long distance. Natural botanicals and healing oils as well as the warming paraffin infusion will assure great relief and deep hydration.

<u>Duration</u>	<u>Price</u>
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60mins	\$45++
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45mins	\$25++
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60mins	\$50++
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45mins	\$40++
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90mins	\$60++
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90mins	\$65++
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HENNA ART

HENNA ART

Spa Tent
30- minutes of Half of Hands or Half of Legs
This Henna is found in the local region used by the ethnic Malay community. "Innai/pacar" is a natural dye made from the leaves of the Innai plant, applied to the bride's hands and feet during the ceremonial day prior to the wedding. when this paste is applied to the skin and left for a few hours.

<u>Duration</u>	<u>Price</u>
30mins	\$20++

WWW.NIKOI.COM

